



# NEWSLETTER

## SCHOOL MISSION STATEMENT

AT ST FRANCIS XAVIER SCHOOL WE WILL:

Learn, Love, Live The Gospel, Witness Our Faith & Celebrate Life

Mercy Values	SFX Virtues	SFX Vision	SFX Mission
Community	Love	Spirit filled faith community	Celebrate life
Spirituality	Faith	Nurture the Catholic faith	Witness our faith
Social Justice	Mercy	Fullness of life	Live the Gospel
Service	Excellence	Pursue excellence in learning	Learn

### SCHOOL IMPROVEMENT PRIORITIES 2022

Catholic Social Teaching    Mercy Charism    Spelling    Reading    Wellbeing and Sustainability

### Term 3 Week 8

Dear Parents/Care Givers,

On Sunday we celebrate Father's Day. We openly talk about fathers, stepfathers, foster fathers, grandfathers, uncles and the loved men in our lives. Many of us are blessed to have a combination of father figures who love and support us. This is a great time to tell our fathers and all those men in our lives who are like fathers, how much we love and appreciate them. To thank them for all they do and importantly for who they are. Perhaps this is also a time to share with our children, stories about our childhood and the men who influenced us. To share what our fathers taught us, to share parts of their lives so that the tapestry of our family stories grows stronger and more interwoven.

The father figures within children's lives play a vital role in their development. An active, engaged father is an irreplaceable role. They have the ability to help develop many things in children including confidence, self-control and social skills. There are many articles and books on how to be a 'good father', there is one consistent message in all of them.

Love.

Unconditional love isn't just what we feel. It is what the object of our love feels: love without strings attached. That means our child doesn't have to be, or do, anything in particular to earn our love. We love them exactly as they are. All children need love. All children deserve love. What we can never give too much of to our children is our love. Love is simple, it is nonmaterial and is the feeling we give our children of complete acceptance. We love them because love is what they deserve.

Children need your love, time and attention.

There is no substitute for you.

Have a wonderful weekend.

God Bless.

Olivia



## Families Leaving

As our total enrolment drives many aspects of our school (staffing, budget, class sizes and structure) it is important that we try to be as accurate as possible in predicting the enrolments for 2023. If you know that you will be leaving at the end of the year, would you please notify the office as soon as possible? Your assistance with this matter is very much appreciated.

# WHAT'S HAPPENING AT SFX?

## TERM 3

2 September	<b>PUPIL FREE DAY</b>
4 September	<b>HAPPY FATHERS' DAY</b>
5 – 7 September	Year 5 camp
5 – 9 September	Book Fair
7 September	World Duchenne Awareness Day – <b>wear yellow</b>
9 September	<b>TWILIGHT MARKETS</b>
14 September	SFX swimming carnival – Year 3 - 6
15 September	Dance concert
16 September	<b>LAST DAY OF TERM</b>

## FROM THE APRE



At St Francis Xavier every classroom participates in a Welcome Circle every morning.

### **Why a welcome circle?**

**The second part** of the welcome circle is the positive primer. Positive primers are activities that prime students' brains for engaged, creative and flexible thinking. Starting a lesson or school day with a positive primer invests in student connection, collaboration and enjoyment. These activities only take a few minutes but generally most students laugh or feel happier and begin the school day on a positive note. This also works at the end of the day to make sure the student's day ends on a positive note!

Emotions play a vital role in how we learn. Research has found that the experience of positive emotions enhances creativity and flexibility and are associated with other long-term benefits such as better social skills, kindness to others, constructive relationships, stronger immune systems and a higher likelihood of finding satisfying and meaningful work later in life. Positive emotions can broaden thought-action repertoires, build resilience and resources and undo the biological effect of negative emotions (Brunzell et al., 2019, BSEM, Domain 4: Engagement).



## FROM THE APA



### **Parents are asked not to park in the Staff Carpark**

We have noticed lately that some parents are using the staff carpark to either drop their children to school in the morning or collect them in the afternoon.

**We ask that you do not park in the staff carpark.**

We have 65 staff and only 28 carparks, so most of our staff are required to park on the streets surrounding the school.

We have OHSC educators who begin work in the early afternoon and so use the car parks vacated by the ancillary staff who finish prior to 3pm. We also have cleaning staff who begin in the early afternoon. Our cleaning staff and OHSC educators often work into the hours of darkness and so for their safety, we want them to be able to park as close to the school buildings as possible.

So, please we ask that you park on the streets around the school. Thank you for your support in this matter, it is greatly appreciated.

## FROM THE APC



### Swimming Carnival Years 3 - 6

Our Annual School Swimming Carnival will be held on Wednesday 14<sup>th</sup> September at the MARC (Mackay Aquatic Recreation Complex). The aim of our Swimming Carnival is to involve students in a school community event, regardless of their skill level, as well as developing school spirit and culture. The carnival will be for students in Years 3-6. **Year 3 children will attend the carnival until their races are completed and then they will return to school by bus.**

We encourage all students to compete in at least one event as this gives them one house point. All events are organised under the age your child is turning this year.

**N.B. If your child is not swimming, they are required to attend the carnival as support for those who are participating.**

## SWIMMING CARNIVAL GUIDELINES

- Please ensure you or your child/ren do not bring glass water bottles into the pool grounds.
- Children must not wear coloured zinc or hair spray as this causes issues for the pool water.
- No crepe paper is to be brought into the pool grounds, as the colour runs if wet.
- Please follow the photos below for allocated seating and out of bounds areas.
- Please ensure your child is at school by no later than 8.30am, as buses leave around 8.45am.

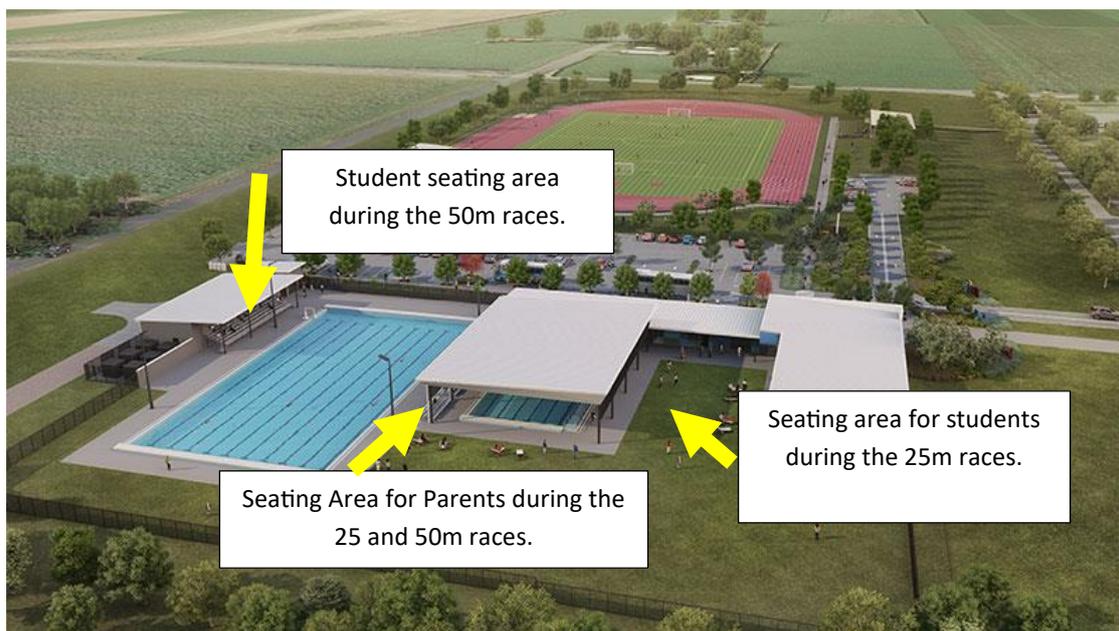
## TUCKSHOP AND SNACK

- Please pack your child a morning tea snack, as the children will eat before going on the bus.
- The MARC Tuckshop will be open during our carnival; however, children are not to use the tuckshop prior to our set lunch break. **Parents are welcome to purchase their own items but please do not go purchasing items for your child prior to the set break.**
- **Parents, please ensure snacks are packed in your child's bag so they are not backwards and forwards to the tuckshop and potentially missing races.**
- Lollies will not be for sale until 12.30pm.

## CLOTHING AND ITEMS NEEDED

- Please ensure your child comes to school with their swimming gear underneath their house shirt and sports shorts. **Children are welcome to wear thongs for the day.**
- Please pack the following items – goggles, towel, spare underwear, water bottle, hat etc.
- Sunscreen will be provided by each classroom teacher – if you wish to pack your child extra that is fine.
- **YEAR 4 – 6 PLEASE LEAVE YOUR iPADS AT HOME**

# SEATING AREAS FOR PARENTS/STUDENTS DURING THE CARNIVAL



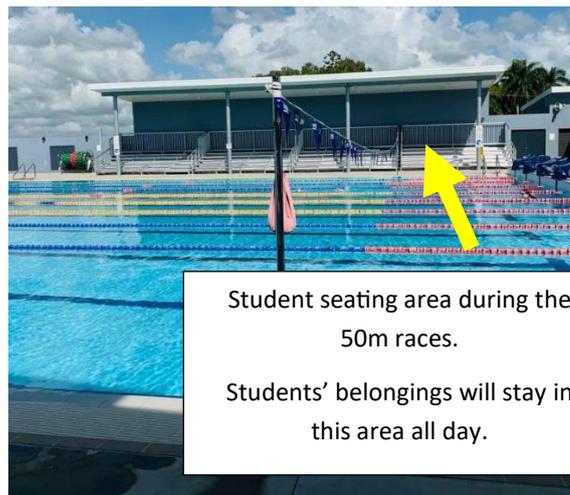
Student seating area during the 50m races.

Seating area for students during the 25m races.

Seating Area for Parents during the 25 and 50m races.



Seating Area for Parents during the 25m & 50m races.



Student seating area during the 50m races.

Students' belongings will stay in this area all day.



No parents at the 25m or 50m finishing area – only timekeepers, swimmers and record keepers.



# Mercy

# Awards

Love

Mercy

Faith

Excellence

Term 3 Week 8 Awardees



## YEAR 2 EXCURSION

What a wonderful day was had by all on the year 2 excursion on Wednesday. We travelled by bus to the South Sea Islander meeting hut where a member of the Mackay and District Australian South Sea Islander Association allowed us access to the sacred space they have created for their community.

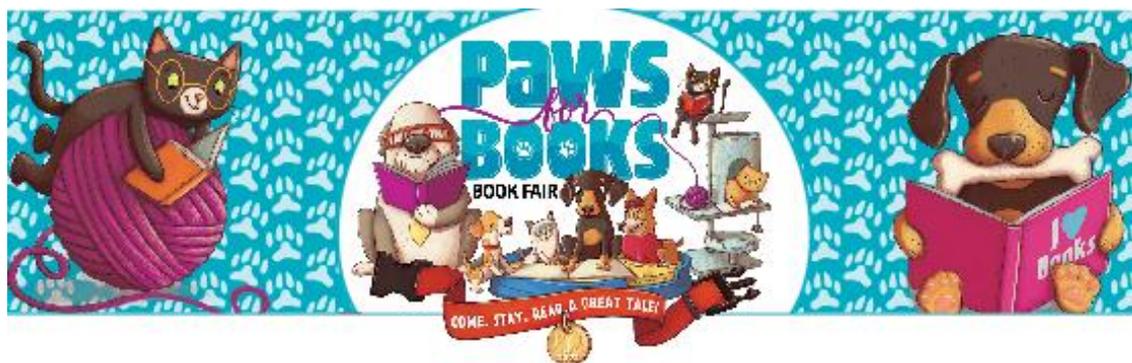
The students were extremely knowledgeable about the history of the South Sea Islander community and their contribution to the Mackay sugar industry. We then

walked to the Mackay water



treatment plant where Mrs. Wood explained how we can save water, the water cycle and most importantly how the water treatment plant works. Our journey then took us to the Torres Strait Islander Garden where we saw the different totems along the footpath and we also stopped and learned about the location of the islands. After a very long walk, we made it back to school safe and sound and full of knowledge about different cultures and the water filtration process.

## LIBRARY NEWS



Dear  
Parents and Families,

Our school is hosting a Scholastic Book Fair starting on *Monday 5<sup>th</sup> to Friday 9<sup>th</sup> September.*

Your child will have the opportunity to explore a huge range of books featuring characters and subjects kids love and want to read about. From newly released books and bestsellers to award-winning titles and perennial favourites.

This is also a great way for you to learn about and discuss your child's interests and every book sold benefits our school, adding resources to our library and classrooms.

Scholastic Book Fairs help us show students the wonder of reading. After all, when kids choose their own books, they will be more excited to read, and they will naturally read more!

Your child has been given their Wishlist slip for online payments and an email with more information will be sent out to parents on Thursday.



## P & F NEWS

### **You are important to your children, through the P & F**

While we are so grateful to our parents and friends who are able to offer an hour to discuss our upcoming events, we would love for more Parents, Friends and Carers to join us. Please come along and offer ideas and thoughts. We need your opinion!

We encourage all friendly discussions regarding the best use of P & F funds.

We have a large number of families at our school and we would love to have a P & F where all parents take some responsibility to help their kids e.g., Tuckshop, reading before school, helping at functions etc.

### **September 9th - Twilight Fair**

The P & F request that each grade assists in the making of a fabulous event with helpers and contributions to the event. We are so grateful to our year co-ordinators to make light work with many hands, please keep your ear out from your volunteer grade coordinator for the school fair. Those volunteering are still able to spend the evening with your children, we request a little help to get the ball rolling with the full support of the P & F team. If you can help out or interested to know a little more, please reach out to us at

[SFXM\\_PandFSecretary@rok.catholic.edu.au](mailto:SFXM_PandFSecretary@rok.catholic.edu.au)

Each grade is allocated an area listed below.

- **Prep** - **Sweet stall and slushies**
- **Year 1** - **Bar**
- **Year 2** - **Hot dogs and gravy rolls**
- **Year 3** - **Glow Stall**
- **Year 4** - **Cent Sale**
- **Year 5** - **BBQ**
- **Year 6** - **Meat tray wheel**

We really rely on helpers for this event as this is a huge job on a few people, or smaller work on a larger group. Please help where you can, majority of us are time poor and really appreciate any time given to volunteer. **Thank you** to each and every one for putting your hand up for this amazing event.

**Please bring cash on the night, there will be limited Eftpos facilities on the evening if needed.**

### **Arm Bands - Unlimited Rides**

There will be arm bands for sale in the coming weeks for pre-sale in the undercover area (they are available on the night also at an additional cost). Please keep your eye out on upcoming notices.

### **Cent Sale**

Each Fair (this year, it is in September), we run a cent sale that everyone loves to take part in. We try to gather gifts that you would love to take home yourself. If you are a business who would like to donate, please reach out to us. We would love to advertise your product to our many families in the SFX community by showing off your product that you may make or a service you may provide. More to come in future Newsletters for when these are needed.

### **Raffle Sponsors**

We look for any businesses who may be interested in donating to the P&F Christmas Major raffle in the coming months. Please reach out if you know of a business interested in donating. More to come in the coming months - keep an eye on the newsletter.

**This will not be drawn at the September Twilight Fair.**

### **Great time to hit the Uniform Shop!**

Just a reminder that the uniform shop is open every Monday morning from 8.15am - 9am in the school hall. **Do not forget your cash!**

We know everyone is feeling the pinch of everyday living and we wanted to promote our second-hand uniform shop as almost all items start from \$5 each - including jumpers (starting to get cool now), house shirts and all sports and formal uniforms. Our donations are made from families, some items in amazing condition, some in relatively loved condition.

Thank you to Mel Figlia who donates all of her time and ensures we have the opportunity to offer this to our parents. Thanks Mel!

Come on in and have a look to see if you can find yourself a bargain.

### **Why is book Week important?**

It allows us to be transported from our own world to another. Between the pages of a book, we can become immersed in the lives of fictional characters and learn about a culture entirely different from our own. We can also learn new words and phrases, experience a range of emotions, and acquire skills and knowledge. Perhaps it is time for the parents to dress up as their favourite children's story?

### **Quick note**

On behalf of the P&F, a shout out to our teachers, teacher assistants and all other staff members of our school. Thank you for working through not only general staff shortages, but through sickness and all the general stressors of being our children's teachers. Thank you for doing your best to keep our kids happy and learning to the best of their abilities. You are doing a great job!

### **P&F Contacts**

**President** - Kelly Walz [SFXM\\_PandFPresident@rok.catholic.edu.au](mailto:SFXM_PandFPresident@rok.catholic.edu.au)

**Vice President** - Amanda Ramsay

**Treasurer** - Kathleen Di-Filippo

**Secretaries** - Laura Cole & Matt Cole [sfxm\\_pandfsecretary@rok.catholic.edu.au](mailto:sfxm_pandfsecretary@rok.catholic.edu.au)

### **Upcoming Dates**

**2<sup>nd</sup> Disco** - Friday 26<sup>th</sup> August 6pm - (Parents to stay with children please)

**Father's Day Stall** - 31<sup>st</sup> Aug & 1<sup>st</sup> September

**Father's Day Liturgy** - 2<sup>nd</sup> September

**Twilight / Spring Markets** (Amazing Fair!) - 9<sup>th</sup> September

Cheers from Amanda Ramsay - Have a wonderful weekend!

On behalf of The P&F Executive Team

Help us turn  
**BREAD BAGS** into  
**SCHOOL PLAY EQUIPMENT**

**COLLECTIONS CLOSING SOON!**



**Our school is taking part in the Wonder Recycling Rewards campaign this term.**

Help us collect bread bags so we can earn points to redeem on new R4Sports equipment.

It's simple! All you need to do is keep your empty bread bags and send them to school with your kids! We will then place them in Wonder's pink collection box and post them off to be recycled. The more we collect the more points our school earns!

**Collections close 9th September.**

**Tip for collecting:**

Use one empty bread bag to collect a bunch of other bags.

**Did you know?**

We can now collect our bread bags over the holidays!

**BRING IN YOUR BAGS BEFORE SEPT 9TH!**

\*Includes early learning centres and pre-schools.

Tag @wonder.australia #wonderrecyclingrewards to share all your recycling champion stories!



**C&K** Childcare & Kindergarten  
 Early Learning since 1907

**C&K South Mackay Community Kindergarten**

**OPEN DAY**  
 Kindy Meet & Greet

**Wednesday 7 September**  
 9am to 11am  
 Leisure Court, South Mackay

**REGISTER NOW**

[candk.asn.au/openweek](http://candk.asn.au/openweek)



QUEENSLAND MUSEUM NETWORK PRESENTS  
**UNEARTHED** FREE EVENT

Returning to Mackay this August!

Unearthed FREE community event

Sunday 21 August 2022, 9:00am - 2:30pm

Join us for an action packed program of STEAM inspired entertainment for the whole family!

- Discover local megafauna and prehistoric sea monsters from real fossils to digital models
- Live science experiments, music and talks
- Drones, robotics and virtual realities
- Meet Queensland Museum Network curators
- Battle it out in our Minecraft competition
- Get creative with the art of science and more!

Learn more: [unearthed@qm.qld.gov.au](mailto:unearthed@qm.qld.gov.au)



**PROJECT DIG**

**BHP**

**EMA**

**QUEENSLAND MUSEUM NETWORK**

**Queensland Government**

**MACKAY GYMNASTICS**

**SCHOOL HOLIDAY FUN DAYS**

**INSIDE FUN, OUT OF THE SUN**

**2 - 4 YEAR OLDS**  
 for younger boys & girls  
 9.15am - 10.00am  
**COST \$16.50**  
**WHEN:** Wed 28th September 2022

**5 - 12 YEAR OLDS**  
 primary school aged boys and girls  
 9.00am - 10.30am  
**COST \$27.50**  
**WHEN:** Mon 26th, Wed 28th & Fri 30th September 2022

**COME AND HAVE FUN IN THE GYM**

**WHERE:** At our facilities  
 5 Snow Wright Court,  
 (Off Beaconsfield Road)

**Bookings Required**  
**Phone: 07 4942 0032**  
 or email: [admin@mackaygymnastics.org.au](mailto:admin@mackaygymnastics.org.au)



## 2022-23 CHAMPIONSHIP SEASON

# JUNIOR SIGN-ON

SAT SEPT 17, 9AM - 12PM  
NEW PLAYERS WELCOME  
AGES UNDER 8 - UNDER 18  
ALL SKILL LEVELS

MCDONALD'S MACKAY MULTI-SPORTS STADIUM • 107 JULIET STREET, SOUTH MACKAY

[MACKAYBASKETBALL.COM/JUNIORS](http://MACKAYBASKETBALL.COM/JUNIORS)



**AUSTRALIAN FUTSAL ASSOCIATION MACKAY**

WHITSUNDAYS  
**SUMMER OF FUTSAL**  
BOYS & GIRLS

**JUNIOR & YOUTH COMPETITIONS**

**KICK OFF THURSDAY 6TH OCTOBER, 2022**

**JUNIORS - 7 & 8, 9 & 10, 11, 12, 13, 14, 15, 16+**

THURSDAY & FRIDAY EVENING -  
VICTORIA PARK PRIMARY SCHOOL,  
MACKAY STATE HIGH SCHOOL, AND  
MACKAY NORTHERN BEACHES STATE HIGH SCHOOL

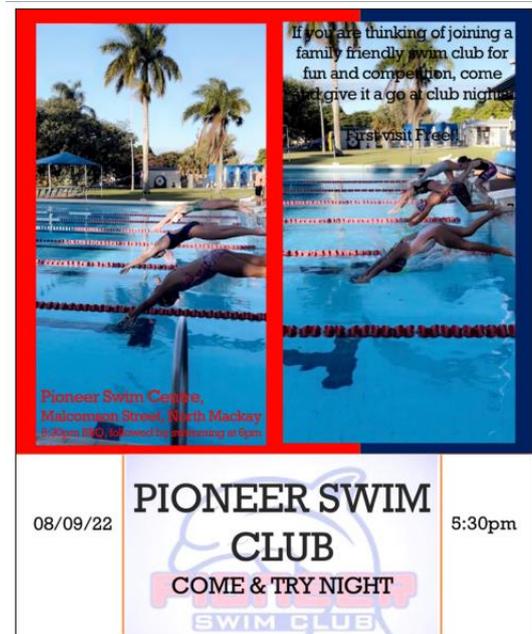
REGISTRATION CLOSES ON  
FRIDAY 30TH SEPTEMBER

*Fun Friendly Futsal Fitness*

FOR INFO CONTACT  
LEO - M: 0447 638 976  
E: [cqdoc@australianfutsal.com](mailto:cqdoc@australianfutsal.com)

REGISTER LINK: <https://ausfutsal.com/mackay2022Player>  
<https://ausfutsal.com/mackay2022team>

**Qld QUEENSLAND FUTSAL**



If you are thinking of joining a family friendly swim club for fun and competition, come and give it a go at club night!

First visit Free!

Pioneer Swim Centre,  
Malcomson Street, South Mackay

08/09/22 **PIONEER SWIM CLUB** 5:30pm  
**COME & TRY NIGHT**